

Video Confessional

This is like the sequence in a reality show where the camera is on a single person and they express their thoughts and feelings about what went on. In this case, the student would share their thoughts and feelings about the lesson. These can be done on a video program such as WeVideo, Flip Grid, or whichever one replaces these once they become obsolete.

You could provide guiding questions such as the following:

- Describe the lesson in a sentence or two.
- What big idea did the lesson help you to understand?
- What do you feel was the most important thing you learned from the lesson?
- What do you wish you had spent more time on?
- Where do you think you did your best work?
- What was the most enjoyable part of the lesson?
- What was the least enjoyable part of the lesson?
- What could the teacher do to make the lesson better next time?

Or if you feel students have a good understanding of what it means to reflect, you could just allow them to do a stream of consciousness where they talk about

whatever they want concerning the lesson. You might want to give them a time constraint however to help them to focus some of their thoughts.

A video confessional allows for a few things:

- Students who might not be strong writers but who can explain themselves fairly well will have their voice heard more clearly
- It allows the teacher to see the emotions and feelings of the students
- It allows the students to see their own emotions and feelings which might surprise them on playback and create more self-awareness
- It makes a record of student progress which they can watch later and compare to other such reflections
- It makes for much more entertaining assessing than the traditional reflections
- Gives you the opportunity to offer video feedback of your own