

## Lesson 1 – Forming Norms

### Materials:

- post-it notes
- chart paper/whiteboard
- pens

### Roles:

- scribe
- spokesperson
- moderator

*Step 1:* Give each person a half dozen or so post-it notes and a pen. Instruct the following: “What do you need in order to be able to speak in advisory groups?”

*Step 2:* Allow people 5-10 minutes to write down ideas. Make sure they know to put one idea per post-it note.

*Step 3:* Once it appears everyone has finished, invite them to come up to the whiteboard/chart paper and cluster similar ideas together.

*Step 4:* As the facilitator come to the board and read the ideas.

*Step 5:* As each idea is shared, the facilitator leads a group discussion, making sure everyone agrees to the idea or getting more information why the person who suggested it did so. If everyone agrees it is a valid idea, it is crafted into a concise norm.

*Step 6:* The facilitator should write either on a white board or on a piece of butcher paper the norm as that the group has come up with.

*Step 7:* The facilitator will eventually need to type the norms up and provide copies for everyone.

With the remaining time have your first advisory discussion.

A few suggestions about the discussion:

- Make sure you do more listening than speaking
- Silence is OK
- Don't let any one student dominate the conversation
- Keep the conversation positive

- Refer to the norms whenever necessary

Guiding Question for Discussion:

What do you want to get out of advisory this school year?